

**Do you like to care for others?  
 Do you like to help people?  
 If 'yes', we'd love to hear from you!**

Whether you have a strong background in the sector, or simply feel that it may be a good match for you, the weekly Health and Social Care Drop-in is the perfect chance to explore your options.



## Health and Social Care Drop-in

Skills Launchpad Plymouth is working in city-wide partnership to connect local people and businesses with opportunities for skills, training, education, careers and jobs.

Meet with sector coordinators, Jack and Lauren to explore the latest training and employment opportunities in health and social care.

**Every Tuesday, 10am to 3pm**  
**First floor of Barclays, Plymouth city centre**

### Job Shop

#### Tamar Homecare

Care jobs in Plymouth available.

Apply [here](#).

#### The Vine Day Service (PL5)

#### Support Worker

25 hrs per week, Mon – Fri  
 10am – 3pm

Apply [here](#).

#### Nuffield Health

#### Healthcare Assistant

Full-time, permanent.

Up to £24k

Apply [here](#).

#### Ernstell House

#### Domestic Assistant

Part-time

£10.50ph

Apply [here](#).



Jack will be available every Tuesday for job seeking guidance and support.  
**First floor  
 Barclays Plymouth  
 10am to 3pm.**



 [@HarbourHCare](https://twitter.com/HarbourHCare)

 [Harbour Healthcare](https://www.facebook.com/HarbourHealthcare)

• 0161 429 0307  
 • [info@harbourhealthcare.co.uk](mailto:info@harbourhealthcare.co.uk)

### Employer insight –



Established as a family run care provider, Harbour Healthcare has grown considerably since we first began back in 2012. We now have homes in locations throughout England and Wales, delivering Residential, Nursing and Dementia care and we continue to grow.

Local homes:

- Devonshire House & Lodge Care Home, Plymouth
- Elburton Heights Care Home, Plymouth

Humility, Accountability, Achievement,  
 Passion, Integrity

### Current vacancies:

#### Cook

- Elburton

#### Kitchen Assistant

- Elburton

#### Registered Nurse (Days)

- Elburton

#### Registered Nurse (Nights)

- Elburton & Roborough

Sponsorship available, find out more [here](#).

### Upcoming events

**What:**

- **National Careers Week**
- [Scott Medical Year 9 & 12 Open Evening](#)
- [Caring Plymouth Health and Care Jobs and Training Drop-in](#)

**Where:**

Nationally and online  
Somerset Place,  
Plymouth, PL3 4BZ  
First floor, Barclays,  
PL1 1LA

**When:**

4 to 9 March  
13 March,  
5.30pm to 6pm  
26 March,  
11am to 2pm

### Upskill through training or education

University of Plymouth

Location: Plymouth, PL4 8AA

Contact: Call 01752 600600



## UNIVERSITY OF PLYMOUTH



### Study an allied health profession

Make a life-altering positive impact on patients in a wide range of settings, including hospitals, community care, social care and voluntary sectors.

Through a unique inter-disciplinary learning environment you can benefit from excellent skills and research laboratories, research-informed teaching, stimulating practice placements and teaching delivered by professionally registered academic staff.

- **Optometry**
- **Dietetics**
- **Occupational Therapy**
- **Podiatry**
- **Physiotherapy**
- **Paramedic Science**
- **Social Work**

### City-wide marketing campaign

A new campaign highlighting the variety of career opportunities available in the adult social care sector has launched in Plymouth.

The campaign is run by the Plymouth City Council-led Caring Plymouth partnership, which works to connect local people with opportunities for skills, training, education, jobs in health and adult social care.

Caring Plymouth launched last year and aims to support the need for a sustainable, skilled workforce in the sector.

The partnership's initial focus is to tackle staff recruitment and retention in adult social care through raising awareness of the opportunities of working in domiciliary care, care homes and supported living as there are currently hundreds of vacancies in the city, with more than 50 career pathways to choose from. There are lots of job and training opportunities available, with options to suit a range of lifestyles, skills and experience.





# March 2024

Email: [caringplymouth@plymouth.gov.uk](mailto:caringplymouth@plymouth.gov.uk)

Follow us on socials: [@CaringPlymouth](#)

Call, text or WhatsApp: **07814 943808**

## Career Insight... Activities Worker

Activities workers organise social activities for people who need care and support them to take part.

Activities workers are usually based in care homes.

The role will likely include:

- talking to people about the type of activities that they would like to do
- organising activities that are tailored to the abilities of the group.
- arranging trips out and assisting people to take part in activities.



More information can be found [here](#).

Entry requirements:

There are no required qualifications needed to work as an Activities Worker, but employers may ask for GCSEs in English and maths and prefer applicants with a Level 2 or 3 Diploma in Health and Social Care.

To be an Activities Worker, individuals need to demonstrate the ability to motivate people, good organisational skills, digital skills, and excellent time management.

## Care value of the month...



## Respect and dignity.

Value every person – whether patient, their families or carers, or staff – as an individual, respect their **aspirations** and **commitments** in life, and seek to understand their **priorities, needs, abilities** and **limits**.

## National Careers Week 2024 (4 - 9 March)

National Careers Week (NCW) is a one-week celebration of careers guidance and free resources in education across the UK. The aim is to provide a focus for careers guidance activity at an important stage in the academic calendar to help support young people develop awareness and excitement about their future pathways.

If you are thinking about a career in care, you can find out more about the available job roles and career pathways [here](#).

National Careers Week

# NCW

[Visit the Virtual Careers Fair here!](#)

## Care leavers pilot scheme

- Young people in care and care leavers face significant barriers to employment due to a range of factors including childhood trauma, loneliness and social exclusion.
- They experience far worse outcomes than the general population and greater inequalities both economically and socially as well as poorer health and life outcomes.
- The purpose is to address these inequalities experienced by individuals who have been in care through access to employment and the development of a pathway into health and care
- Working group created with participants including Caring Plymouth, Livewell SW, Prince's Trust, Skills Launchpad Plymouth's Youth Hub and the Department for Work and Pensions. The group have created a 'pathway of support' for individuals participating in pilot.

## Find out more...

If you've made it this far and you still aren't sure if health and social care is the right sector for you, or if you are worried about how taking up a job or training course affect you financially, click [here](#) to find out more, and watch some videos of people who work in the care industry. Alternatively, for more about what job opportunities in health and care are available right now in Plymouth, fill in this form [here](#), and [Jack](#) and [Lauren](#), our dedicated Health and Care Co-ordinators, will be in touch with more information.